



Divine Love + Creating Mindful Awareness

Part 1

Divine Love Keys

A successful life depends on a foundation of belief. Truly believing and being in gratitude of the blessings we are yet to receive is the **KEY** to manifesting abundance! This is a Native American Proverb and a great way to live our life.

Self-trust, Self-love and Self-belief.

The Universe is patiently waiting and conspiring to give you your heart's desires. **ALL OF THEM!**

When you give yourself the permission to completely accept yourself and your blessings, you are saying to the Universe, "I am ready to receive!"

BRING ON THE ABUNDANCE!

Divine Love Affirmations

Today, I let life flow through my experience, bringing new events to pass.

Today, I let go of the old and let the new appear.

Today, my entire being is open and ready to receive all good.

Today, I am an expression of Divine love.

Questions and Steps

Steps to creating mindfulness in receiving abundance:

1. State your outcome in the positive.
"What specifically do you want?"
2. Specify your present situation and get connected within:
"Where am I now? Where do I want to be?"



Divine Love + Creating Mindful Abundance, Questions & Steps

3. Clarify your outcome using all of your senses as if you already have it.

When I receive this blessing:

How does it look? How does it sound? How does it feel (taste or smell) now that I have it?"

4. Specify your evidence procedure, so you are clearly aware of exactly when your blessings arrive!

"How will I know when you have received my blessing?"

5. Design the journey to the outcome to be desirable; and identify the outcome in ways it will increase your choices.

"What will this blessing allow you to do, be, see?"

6. Ensure that it the outcome is self-initiated and self maintained and not dependant on others.

"How can I start the steps toward my goal? What does it take to maintain the achievement of this goal?"

7. Put every step in context to get a clearer overall picture of EXACTLY what you are manifesting in your life.

"Where, when, how and with whom do you want it?"

Cutting energetic ties

With whom are you holding onto past resentments or grievances that no longer serve you?

With whom do you need to cut the energetic ties in order to reconnect a new?

Where are you most stuck in your life? WHY?

Who do you need to forgive? Remember forgiveness is not for them, it is for YOU.



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Source: Touchstone for Life